

# MAY 2025

## PRAIRIE FAMILY CENTER



Sun	Mon	Tue	Wed	Thu	Fri	Sat	Goals
				1	2	3 Start a NEW list of goals for the month	
4	5 Nurturing Parenting 10AM	6	7 Go on a walk	8	9	10	
11	12 Food Bank of the Rockies 9am	13 MomTalk 10am	14	15	16 Family game night	17	
18	19 Nurturing Parenting 10AM	20	21	22 Senior Commodities 10:30am	23	24 Socialize with friends/family	
25 Craft Day	26 Nurturing Parenting 10AM	27 MomTalk 10am	28	29	30	31 Family Picnic	

Celebrate your progress, not perfection.