



MARCH 2025

PRAIRIE FAMILY CENTER

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Goals
		1	2	3	4	5 Start a NEW list of goals for the month
6 Go on a walk	7	8	9 Nurturing Parenting 2pm	10	11	12
13	14 Food Bank of the Rockies 9am	15 MomTalk 10am	16 Nurturing Parenting 2pm	17	18 Family game night	19
20	21	22	23 Nurturing Parenting 2pm	24 Senior Commodities 10:30am	25	26 Socialize with friends/family
27 Craft Day	28	29 MomTalk 10 am	30 Nurturing Parenting 2pm			Family Picnic

Celebrate your progress, not perfection.