

NEWSLETTER MARCH



What's Happening This Month

- FOOD BANK OF THE ROCKIES** (MARCH 10TH) (9AM)
- SENIOR COMMODITIES** (MARCH 27TH) (9AM)
- MOM TALK** (SPANISH - WEDNESDAYS 10-12)
- MOM TALK** (EVERY OTHER TUESDAY 10-12)
- SNAP** (NOW HELPING WITH SNAP APPLICATIONS)
- SUMMER EBT** (COME IN TO APPLY FOR SUMMER EBT FOR YOUR KIDDOS!)
- NURTURING PARENTING** (WEDNESDAYS -2pm)
- TWICE AS NICE THRIFT STORE** (SPRING/SUMMER CLOTHING MARCH 19)
- PFC BOARD MEETING** (MARCH 20TH 12PM) (OPEN TO THE PUBLIC)

HELP US FEED A FAMILY

Our local food bank is seeking financial assistance for families facing food insecurity, offering monthly meals for 1 person or \$75 for a family of 4. Donations can be made online or by mail at 1040 Rose Avenue, Burlington CO 80807.

Thank you for the support.



Contact

1040 ROSE AVENUE
BURLINGTON CO 80807
719-346-5398
www.prairiefamilycenter.com

Make sure you're ready for
SUMMER EBT



PRAIRIE FAMILY CENTER

Nurturing Parenting

EVERY WEDNESDAY @ 2PM. CALL US @ 719-346-5398 FOR ANY QUESTIONS



Newsletter



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PRAIRIE FAMILY CENTER

Food Pantry

9AM-4PM MON-THURS
9AM-12PM FRI

1040 Rose Avenue, Burlington, CO

We are here to provide basic food commodities for those in need.

We accept donations of non-perishable food in jars, cans and sealed packets. Donated food will only be used if it is NOT expired or opened. Thank you!

Prairie Family Center is an equal opportunity provider.
www.prairiefamilycenter.com
719-346-5398



Stretch Your Grocery Budget With **SUMMER EBT**

Summer EBT provides \$120 per eligible school-aged child to buy more of your family's favorite nutritious food while schools are out on summer break.

What can I buy?
Buy foods like fruits, vegetables, dairy, bread, meat, poultry and fish. Use Summer EBT at stores that accept SNAP, like grocery or corner stores, and online at King Soopers, Albertsons, Amazon or Walmart.

Your student may be eligible if:

- They attend a school that participates in the National School Lunch Program (NSLP) and qualify based on household income
- The student's family receives SNAP or Colorado Works
- Your student receives Medicaid AND qualifies based on household income using the NSLP income guidelines
- They are in foster care, a migrant, or experiencing homelessness



Board Member Needed

Volunteer Position
Serve 3 years, no term limit.
Oversee all administrative functions and goals for organization

Mom Talk Every other Tuesday 10-12



Call us @ 719-346-5398 for any questions

MARCH AGENDA

GOALS

FINANCES

NOTES

TO-DO LIST

SELF CARE