

# NEWSLETTER May 2025



## What's Happening This Month

**FOOD BANK OF THE ROCKIES** (MAY 12)

**SENIOR COMMUNITIES** (MAY 22)

**MOM TALK** (MAY 13 & 27)

**SNAP** (NOW HELPING WITH SNAP APPLICATIONS)

**SUMMER EBT** (COME IN TO APPLY FOR SUMMER EBT FOR YOUR KIDDOS!)

**NURTURING PARENTING** (MONDAYS 10AM)

**TWICE AS NICE THRIFT STORE** (COME IN AND CHECKOUT OUR **DAILY SALES!**)

## SCHEDULE



MOM TALK 2025

\*DATES ARE SUBJECT TO CHANGE

**Jan<sup>7</sup>** | 21  
TUESDAY  
10-12

**Feb<sup>7</sup>** | 4 & 18  
TUESDAY  
10-12

**Mar<sup>7</sup>** | 4 & 18  
TUESDAY  
10-12

**Apr<sup>7</sup>** | 1, 15 & 29  
TUESDAY  
10-12

**May<sup>7</sup>** | 13 & 27  
TUESDAY  
10-12

**Jun** | 10 & 24  
TUESDAY  
10-12

Make sure you're ready for  
**SUMMER EBT**



Mom Talk in the

**GARDEN**

Come and get your hands dirty with us  
in the garden!  
May 13, 2025  
At Prairie Family Center  
10am -12pm!



## Contact

1040 ROSE AVENUE  
BURLINGTON CO 80807  
719-346-5398  
WWW.PRAIRIEFAMILYCENTER@GMAIL.COM

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PRAIRIE FAMILY CENTER

# Food Pantry

9AM-4PM MON-THURS  
9AM-12PM FRI

1040 Rose Avenue, Burlington, CO

We are here to provide basic food commodities for those in need.

We accept donations of non-perishable food in jars, cans and sealed packets. Donated food will only be used if it is NOT expired or opened. Thank you!

Prairie Family Center is an equal opportunity provider.  
[www.prairiefamilycenter.com](http://www.prairiefamilycenter.com)  
719-346-5398



## Stretch Your Grocery Budget With **SUMMER EBT**

Summer EBT provides \$120 per eligible school-aged child to buy more of your family's favorite nutritious food while schools are out on summer break.

**What can I buy?**  
Buy foods like fruits, vegetables, dairy, bread, meat, poultry and fish. Use Summer EBT at stores that accept SNAP, like grocery or corner stores, and online at King Soopers, Albertsons, Amazon or Walmart.

**Your student may be eligible if:**

- They attend a school that participates in the National School Lunch Program (NSLP) and qualify based on household income
- The student's family receives SNAP or Colorado Works
- Your student receives Medicaid AND qualifies based on household income using the NSLP income guidelines
- They are in foster care, a migrant, or experiencing homelessness



This institution is an equal opportunity provider. Summer EBT funds are available to households regardless of immigration status.

**Not automatically enrolled, but believe you're eligible?**

Scan or visit our website at [cdhs.colorado.gov/summer-ebt](http://cdhs.colorado.gov/summer-ebt) for more information!



Complete a Household Income form at your school, or call the Summer EBT Support Center Hotline 800.536.5298



# Nurturing Parenting

EVERY WEDNESDAY @ 2PM. CALL US @ 719-346-5398 FOR ANY QUESTIONS

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## WHAT DOES PRAIRIE FAMILY CENTER HAVE TO OFFER?



1. Spanish and English Mom Talk Groups
2. All About Being a Teen Class
3. Digital Learning Classes
4. Financial Classes
5. Nurturing Parenting Classes
6. ASQ - Ages and Stages
7. Circle Talk



8. CATCH Healthy Smiles
9. CATCH Exercise
10. Exploring Foods
11. CBI Fingerprinting
12. ESL - English as a second language class
13. EOC - Bill Relief
14. Emergency Services



15. Mobile Food Pantry
16. In-House Food Pantry
17. Everyday Eats, Senior Commodities
18. PFC Gardens
19. Twice As Nice Thrift Store
20. Application Assistance
21. Referral Services



Prairie Family Center is an equal opportunity provider.

Please note that the programs we offer are all grant funded. Some programs may not run while there is a lack of funding.



[www.prairiefamilycenter.com](http://www.prairiefamilycenter.com) - (719) 346-5398 - 1040 Rose Avenue, Burlington, CO 80807

## Contact

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Food Bank of the Rockies

# MOBILE FOOD PANTRY

**2ND MONDAY OF EVERY MONTH**



Please ask staff for a list of distribution dates!

Prairie Family Center is an equal opportunity provider!

### ITEMS NEEDED

- ▶ Your Mobile Food Card
- ▶ If you don't have one, please get one at Prairie Family Center!

### USUAL LOCATION

 **Burlington Community Center**  
340 S. 14th Street,  
Burlington, CO 80807

For More Information : 719-346-5398 Prairie Family Center [www.foodbankrockies.org](http://www.foodbankrockies.org)

## SENIOR COMMODITIES EVERY DAY EATS

PRODUCE: EVERY 2<sup>ND</sup> THURSDAY  
COMMODITIES: EVERY 4<sup>TH</sup> WEDNESDAY