

Prairie Family Center Newsletter

JULY 2026



What's Happening This Month

FOOD BANK OF THE ROCKIES (JULY 13TH, 9am)
SENIOR COMMUNITIES (JULY 23rd, 9am)
SNAP (NOW HELPING WITH SNAP APPLICATIONS)
MOM TALK (See schedule below)
TWICE AS NICE THRIFT STORE (COME IN AND CHECKOUT OUR **DAILY SALES!**)

Mobile Food pantry

FOOD BANK OF THE ROCKIES

Nourishing Our Community Together
 Local Food Resources for Burlington & Surrounding Areas
 We believe in a stronger, healthier community. Through a partnership between Prairie Family Center and Food Bank of the Rockies, we are proud to offer essential food assistance to our neighbors in Kit Carson County.

- ✓ Fresh produce, dairy, protein, refrigerated / frozen items, and pantry staples.
- ✓ No Requirements: Anyone in need of food assistance is welcome. There are no income tests or proof-of-need documents required.
- ✓ Flexibility: You may pick up food for neighbors or family members through our proxy system.
- ✓ Link2Feed Sign up : Register Online for Faster service www.newclientlink2feed.com or us QR code

The 2nd Monday of every month.

340 S 14th st Burlington Co. 80807

8:00 AM-11:30AM

719-346-5398

www.prairiefamilycenter.com

This institution is an equal opportunity provider

Grocery Budget With SUMMER EBT

Summer EBT provides \$120 per eligible school-aged child to buy more of your family's favorite nutritious food while schools are out on summer break.

What can I buy?
 Buy foods like fruits, vegetables, dairy, bread, meat, poultry and fish. Use Summer EBT at stores that accept SNAP, like grocery or corner stores, and online at King Soopers, Albertsons, Amazon or Walmart.

Your student may be eligible if:

- They attend a school that participates in the National School Lunch Program (NSLP) and qualify based on household income
- The student's family receives SNAP or Colorado Works
- Your student receives Medicaid AND qualifies based on household income using the NSLP income guidelines
- They are in foster care, a migrant, or experiencing homelessness

This institution is an equal opportunity provider. Summer EBT funds are available to households regardless of immigration status.

Not automatically enrolled, but believe you're eligible?

Complete a Household Income form at your school, or call the Summer EBT Support Center Hotline 800.536.5298

Scan or visit our website at cdhs.colorado.gov/summer-ebt for more information!

COLORADO
 Office of Economic Security
 Division of Food & Energy Assistance

Contact

1040 ROSE AVENUE
 BURLINGTON CO 80807
 719-346-5398
WWW.PRAIRIEFAMILYCENTER@GMAIL.COM

KIDS EAT FREE THIS SUMMER!

1-18 YEARS

Burlington High School
380 Mike Lounge Drive
JUNE 1-JULY 30TH

Breakfast 7:30-8:30 - Lunch 11:15-12:15
GRAB-N-GO
 Breakfast and lunch
Monday-Thursday

Providing free summer meals for kids.

Provided by Prairie Family Center and Summer Food Service Program

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MOM TALK (See schedule below)

EVERYDAY EATS: NUTRITIOUS FOOD FOR ADULTS 60+

FREE 35+LB FOOD
BOX MONTHLY

QUALIFY BASED
ON INCOME

COLORADO & WYOMING
RESIDENTS

DISTRIBUTION SCHEDULE
PRODUCE: EVERY 2ND THURSDAY
COMMODITY: EVERY 4TH THURSDAY
ASK FOR A FULL SCHEDULE

WHAT'S INSIDE?



IN PARTNERSHIP WITH:



PRAIRIE
FAMILY CENTER

FOR CONTACT DETAILS:
WWW.PRAIRIEFAMILYCENTER.ORG

VISIT US ON FACEBOOK: /PRAIRIEFAMILYCENTER

ADDRESS: 1040 POSE AVE. BURLINGTON, CO 80907

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SENIOR COMMODITIES EVERY DAY EATS

PRODUCE: EVERY 2ND THURSDAY
COMMODITIES: EVERY 4TH WEDNESDAY



SUMMER EBT IS BACK!

ARE YOU
READY?

Colorado's Summer EBT program gives families a one-time **\$120 grocery benefit** for each eligible child (like yours!) over the summer, when kids aren't getting the meals they usually eat at school.

Most eligible children are automatically enrolled in Summer EBT, but some will need to apply.

Use the new **Summer EBT Enrollment Checker** to see if your child is already enrolled or if you need to apply for 2026 benefits!



Scan the QR code!

OR



Visit co.gov/sebtenrollment.

Have questions or need extra support?
Visit co.gov/sebt!

USDA is an equal opportunity provider, employer, and lender.

Twice As Nice



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TWICE AS NICE THRIFT STORE (COME IN AND CHECKOUT OUR **DAILY SALES!**)

MOM TALK (See schedule below)

Welcome to Twice As Nice Thrift Store! Each item is carefully inspected and sold in our thrift store, with all profits directly supporting our community programs. Any items that don't sell are generously redonated to local ministries and larger organizations like USE AGAIN in Denver, CO. Your contributions make a significant impact! We're excited to announce that we now have a Facebook page. Follow us for the latest updates on sales, new furniture, and any changes happening at our store. Join our community and stay connected with all the great deals and treasures waiting for you! Thank you for your donations!

Contact

1040 ROSE AVENUE
BURLINGTON CO 80807
719-346-5398



We're HIRING!

Join Our Team!

TOGETHER, we make a difference every day!

WHEN YOU WORK WITH US, YOU HELP CHANGE LIVES!

NOW HIRING
Part-Time & Full-Time
POSITIONS AVAILABLE!

MAKE AN IMPACT
Your work helps support families and strengthen our community.

FRIENDLY TEAM
Join a welcoming, supportive team that feels like family.

PURPOSE DRIVEN
Every donation and every smile makes a difference.

SUPPORT A GOOD CAUSE
All proceeds stay local and go toward programs that help others.

PRAIRIE FAMILY CENTER
Help. Hope. Community.

Be part of something bigger.

HELP. HOPE. COMMUNITY. THAT'S WHAT WE'RE ALL ABOUT.



SALAD

SESAME CUCUMBER SALAD

MAKES 4-6 SERVINGS

1. Slice cucumbers and green onions and place in serving bowl.
2. Whisk all dressing ingredients and pour over cucumber/green onion mixture.
3. Toss gently to combine.
4. Top with crushed peanuts and sesame seeds.

INGREDIENTS

- 2 Large English Cucumbers
- 2-3 Green Onions
- 2 Tbsp Sesame Seeds
- 1/4 Cup Chopped Peanuts

DRESSING

- 2 Tbsp Rice Vinegar
- 1 Tbsp Toasted Sesame Oil (or regular)
- 1 Tsp Raw Honey
- 1/2 Tsp Red Pepper Flakes
- Pinch of Sea Salt

SUMMER



