



MARCH 2025

PRAIRIE FAMILY CENTER

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Goals
						1 Start a NEW list of goals for the month	
2 Go on a walk	3	4 MomTalk 10am	5 Nurturing Parenting 2pm	6	7	8	
9	10 Food Bank of the Rockies 9am	11	12 Nurturing Parenting 2pm	13	14 Family game night	15	
16	17	18 MomTalk 10 am	19 Nurturing Parenting 2pm	20 Board Meeting 12pm	21	22 Socialize with friends/family	
23 Craft Day	24	25	26 Nurturing Parenting 2pm	27 Senior Commodities 10:30am	28	29 Family Picnic	

Celebrate your progress, not perfection.