



PRAIRIE FAMILY CENTER **September** 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		01 Smile	02 Try no phones at the dinner table	03 Volunteer at your Non-Profit	04 Go Camping	05 Go Dancing
06 Start a scrapbook	07 Put on an outfit you like	08 Read the newspaper	09 Surround yourself with positive people	10 Go on a walk	11 Compliment 5 people today	12 Go to the Farmers Market
13 Volunteer at your local nonprofit	14 Mobile Pantry @Burlington Community Center 9am	15 Learn something new	16 Take a selfie	17 Go on a hike	18 Watch a movie	19 Walk to the library
20 Make a family tree	21 Get offline	22 Cook something new	23 Be kind to strangers	24 Senior Commodities @10am	25 Write a bucket list for next month	26 Try a NEW workout
27 Bake a pie	28 Have a craft night	29 Take a fun class	30 Host a movie night			

PROVIDING OUR COMMUNITY WITH EDUCATION AND RESOURCES NEEDED TO BUILD AND SUPPORT HEALTHY AND FUNCTIONAL FAMILIES

CALL US @ 719-346-5398 FOR ANY QUESTIONS REGARDING OUR PROGRAMS OR VISIT US @ 1040 ROSE AVENUE, BURLINGTON CO 80807.
 CHECK OUT OUR WEBSITE @ WWW.PRAIRIEFAMILYCENTER.COM
 Give us a LIKE on FACEBOOK to follow us for more updates!